

REPORT

Water testing performed in 2007

Presented By:

NEW BRITAIN WATER DEPARTMENT

# Meeting the Challenge

The Board of Water Commissioners, Mayor Timothy T. Stewart, and all the staff of the New Britain Water Department are once again proud to present to you our annual water quality report. This edition covers all testing



Mayor Timothy T. Stewart

completed from January 1, 2007 through December 31, 2007. Over the years, we have dedicated ourselves to producing drinking water that meets all state and federal drinking water standards. We continually strive to adopt new and better methods for delivering the best quality-drinking water to you. As new challenges to drinking water safety emerge, we remain vigilant in meeting the challenges of source water protection, water conservation, and community education while continuing to serve the needs of all our water users.

## Where Does My Water Come From?

The customers of the New Britain Water Department are fortunate because they enjoy an abundant water supply from eight sources. The Shuttle Meadow Water Treatment Plant draws water from the Shuttle Meadow, Wasel, Wolcott, Hart ponds, Whigville, White Bridge, and Neapuag reservoirs, which hold a combined 2.8 billion gallons of water. The Department also has two well fields: the upper and lower White Bridge well fields. Additionally, the Department leases the Patton Brook Well to the Town of Southington. The Shuttle Meadow Water Treatment Plant is one of the most advanced treatment plants in the state of Connecticut. The plant was put online in May, 2004, and it utilizes many advanced treatment processes. The plant treats approximately 3.6 billon gallons of water per year.

Our water supply is part of the Middle Connecticut Watershed, which covers an area of roughly 1,000 square miles. Most of the watershed is covered by forest growth with agricultural and urban development accounting for less than one-third of watershed use. To learn more about our watershed on the Internet, go to the U.S. EPA's Surf Your Watershed Web site at www.epa.gov/surf.

## Important Health Information

Sources of lead in drinking water include the corrosion of household plumbing systems and the erosion of natural deposits. Infants and children who drink water that contains lead in excess of the action level could experience delays in their physical or mental development. Children could show slight deficits in attention span and learning abilities. Adults who drink this water over many years could develop kidney problems or high blood pressure.

Sources of copper in drinking water include the orrosion of household plumbing system, the erosion of natural deposits, and leaching from wood preservatives. Copper is an essential nutrient, but some people who drink water that contains copper in excess of the action level, over a relatively short amount of time, could experience gastrointestinal distress. Some people who drink water that contains copper in excess of the action level over many years could suffer liver or kidney damage. People with Wilson's disease should consult their doctors.

Some people may be more vulnerable to contaminants in drinking water than the general population. Immunocompromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants may be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. The U.S. EPA/CDC (Centers for Disease Control and Prevention) guidelines on appropriate means to lessen the risk of infection by *Cryptosporidium* and other microbial contaminants are available from the Safe Drinking Water Hotline at (800) 426-4791.

#### Source Water Assessment

The State of Connecticut's Department of Public Health has performed an assessment of our drinking water sources. The complete assessment report is available on the Water Supplies' section of the Department's Web site at www.dph.state.ct.us/brs/water/dwd.htm.

# Tap vs. Bottled

Thanks in part to aggressive marketing, the bottled water industry has successfully convinced us all that water purchased in bottles is a healthier alternative to tap water. However, according to a four-year study conducted by the Natural Resources Defense Council (NRDC), bottled water is not necessarily cleaner or safer than most tap water. In fact, about 25% of bottled water is actually just bottled tap water (40% according to government estimates).

The Food and Drug Administration (FDA) is responsible for regulating bottled water, but these rules allow for less rigorous testing and purity standards than those required by the U.S. EPA for community tap water. For instance, the high mineral content of some bottled waters makes them unsuitable for babies and young children. Further, the FDA completely exempts bottled water that's packaged and sold within the same state, which accounts for about 70% of all bottled water sold in the United States.

People spend 10,000 times more per gallon for bottled water than they typically do for tap water. If you get your recommended eight glasses a day from bottled water, you could spend up to \$1,400 annually. The same amount of tap water would cost about 49 cents. Even if you installed a filter device on your tap, your annual expenditure would be far less than what you'd pay for bottled water.

For a detailed discussion of the NRDC study results, check out their Web site at www.nrdc. org/water/drinking/bw/exesum.asp.

#### Water Conservation

You can play a role in conserving water and saving yourself money in the process by becoming conscious of the amount of water your household is using and by looking for ways to use less whenever you can. It is not hard to conserve water. Here are few tips:

- Automatic dishwashers use 15 gallons for every cycle, regardless of how many dishes are loaded. So get a run for your money and load it to capacity.
- Turn off the tap when brushing your teeth.
- Check every faucet in your home for leaks. Just a slow drip can waste from 15 to 20 gallons a day. Fix it and you can save almost 6,000 gallons per year.
- Check your toilet for leaks by putting a few drops of food coloring in the tank. Watch for a few minutes to see if the color shows up in the bowl. It is not uncommon to lose up to 100 gallons a day from an invisible toilet leak. Fix it and you save more than 30,000 gallons a year.
- Use your water meter to detect hidden leaks. Simply turn off all taps and appliances that use water. Then check the meter after 15 minutes. If the meter moved, you have a leak.

Questions?

For more information about this report, or for any questions relating to your drinking water, please call Ray Esponda, PE, Superintendent of Water Quality, at (860) 826-3532.

#### Substances That Could Be in Water

To ensure that tap water is safe to drink, the U.S. EPA prescribes regulations limiting the amount of certain contaminants in water provided by public water systems. U.S. Food and Drug Administration regulations establish limits for contaminants in bottled water, which must provide the same protection for public health. Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of these contaminants does not necessarily indicate that the water poses a health risk.

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally occurring minerals, in some cases, radioactive material, and substances resulting from the presence of animals or from human activity. Substances that may be present in source water include:

**Microbial Contaminants**, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations, or wildlife;

**Inorganic Contaminants**, such as salts and metals, which can be naturally occurring or may result from urban stormwater runoff, industrial or domestic wastewater discharges, oil and gas production, mining, or farming;

**Pesticides and Herbicides**, which may come from a variety of sources such as agriculture, urban stormwater runoff, and residential uses;

**Organic Chemical Contaminants**, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production, and may also come from gas stations, urban stormwater runoff, and septic systems;

Radioactive Contaminants, which can be naturally occurring or may be the result of oil and gas production and mining activities.

For more information about contaminants and potential health effects, call the U.S. EPA's Safe Drinking Water Hotline at (800) 426-4791.

## Naturally Occurring Bacteria

The simple fact is bacteria and other microorganisms inhabit our world. They can be found all around us: in our food; on our skin; in our bodies; and, in the air, soil, and water. Some are harmful to us and some are not. Coliform bacteria are common in the environment and are generally not harmful themselves. The presence of this bacterial form in drinking water is a concern because it indicates that the water may be contaminated with other organisms that can cause disease. Throughout the year, we tested many water samples for coliform bacteria. In that time, none of the samples came back positive for the bacteria. Federal regulations now require that public water that tests positive for coliform bacteria must be further analyzed for fecal coliform bacteria. Fecal coliform are present only in human and animal waste. Because these bacteria can cause illness, it is unacceptable for fecal coliform to be present in water at any concentration. Our tests indicate no fecal coliform is present in our water.

## Lead and Drinking Water

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and your home's plumbing. The New Britain Water Department is responsible for providing high-quality drinking water but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to two minutes before using the water for drinking or cooking. If you are concerned about lead in

your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline at (800) 426-4791 or at www.epa.gov/safewater/lead. The Water Department also has a low-cost program available for lead testing. Please call (860) 826-3540 for more information.



## Community Participation

You are invited to participate in our public forum and voice your concerns about your drinking water. The Board of Water Commissioners meets the first Tuesday after the first Wednesday each month beginning at 7:00 p.m. at 50 Caretaker Road, New Britain, Connecticut.

## Sampling Results

In 2007, the New Britain Water Department collected hundreds of water samples in order to determine the presence of any biological, inorganic, volatile organic, and synthetic organic contaminants. The table below shows only those contaminants that were detected. Although all of the substances listed here are under the Maximum Contaminant Level (MCL), we feel it is important that you know exactly what was detected and how much of the substance was present in the water.

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REGULATED SUBSTANCES							
SUBSTANCE (UNIT OF MEASURE)	YEAR SAMPLED	MCL [MRDL]	MCLG [MRDLG]	AMOUNT DETECTED	RANGE LOW-HIGH	VIOLATION	TYPICAL SOURCE
Barium (ppm)	2007	2	2	0.012	0.008-0.012	No	Discharge of drilling wastes; Discharge from metal refineries; Erosion of natural deposits
Chlorine (ppm)	2007	[4]	[4]	0.8	0.4-0.8	No	Water additive used to control microbes
Di(2-ethylhexyl) Phthalate (ppb)	2007	6	0	0.83	ND-0.83	No	Discharge from rubber and chemical factories
Fluoride <sup>1</sup> (ppm)	2007	4	4	1.1	0.8–1.1	No	Erosion of natural deposits; Water additive which promotes strong teeth; Discharge from fertilizer and aluminum factories
Haloacetic Acids [HAA] (ppb)	2007	60	NA	7.4	ND-7.4	No	By-product of drinking water disinfection
Nitrate (ppm)	2007	10	10	0.13	ND-0.13	No	Runoff from fertilizer use; Leaching from septic tanks, sewage; Erosion of natural deposits
TTHMs [Total Trihalomethanes] (ppb)	2007	80	NA	47	11–47	No	By-product of drinking water chlorination
Total Organic Carbon (ppm)	2007	ТТ	NA	4.07	1.22–4.07	No	Naturally present in the environment
Turbidity <sup>2</sup> (NTU)	2007	TT	NA	0.3	0.02-0.3	No	Soil runoff
<b>Turbidity</b> (Lowest monthly percent of samples meeting limit)	2007	ТТ	NA	100%	NA	No	Soil runoff
Xylenes (ppm)	2007	10	10	0.004	ND-0.004	No	Discharge from petroleum factories; Discharge from chemical factories
Tan water samples were collected from 120 sample sites throughout the community <sup>3</sup>							

SUBSTANCE (UNIT OF MEASURE)	YEAR SAMPLED	ACTION LEVEL	MCLG	AMOUNT DETECTED (90TH%TILE)	SITES ABOVE ACTION LEVEL	VIOLATION	TYPICAL SOURCE
Copper (ppm)	2007	1.3	1.3	0.0143	0	No	Corrosion of household plumbing systems; Erosion of natural deposits; Leaching from wood preservatives
Lead (ppb)	2007	15	0	0.0068	7	No	Corrosion of household plumbing systems; Erosion of natural deposits

UNREGULATED SUBSTANCES				
SUBSTANCE (UNIT OF MEASURE)	YEAR SAMPLED	AMOUNT DETECTED	RANGE LOW-HIGH	TYPICAL SOURCE
Bromodichloromethane (ppm)	2007	4.7	2.8–4.7	By-product of drinking water disinfection
Carbon Disulfide (ppb)	2007	0.6	0.6-0.6	Paints used in water storage tanks
Chlorodibromomethane (ppb)	2007	1.8	1.2–1.8	By-product of drinking water disinfection
Chloroform (ppb)	2007	45.6	7.4–45.6	By-product of drinking water disinfection
Sodium (ppm)	2007	6.85	6.85–6.85	Common element found in nature and water treatment chemicals
Sulfate (ppm)	2007	5.32	5.32-5.32	Common compound found in nature and water treatment chemicals

 $<sup>^{\</sup>rm 1}\,\mbox{Fluoride}$  is added to your water per state regulation.

### **Definitions**

**AL** (Action Level): The concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.

MCL (Maximum Contaminant Level): The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

MCLG (Maximum Contaminant Level Goal): The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

#### MRDL (Maximum Residual Disinfectant Level):

The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

MRDLG (Maximum Residual Disinfectant Level Goal): The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.

NA: Not applicable.

ND (Not detected): Indicates that the substance was

not found by laboratory analysis.

### NTU (Nephelometric Turbidity Units):

Measurement of the clarity, or turbidity, of water. Turbidity in excess of 5 NTU is just noticeable to the average person.

**ppb** (parts per billion): One part substance per billion parts water (or micrograms per liter).

**ppm (parts per million):** One part substance per million parts water (or milligrams per liter).

**TT** (**Treatment Technique**): A required process intended to reduce the level of a contaminant in drinking water.

<sup>&</sup>lt;sup>2</sup>Turbidity is a measure of the cloudiness of the water. It is monitored because it is a good indicator of the effectiveness of the filtration system.

<sup>&</sup>lt;sup>3</sup>These results are the sum of two rounds of sampling; the 90th percentile levels for both rounds were very low.